Call for Partners

KEY ACTION 1: Mobility Project for Young People & Youth Workers

Type of the project: ***TRAINING COURSE***

'Breath IN Breath OUT'

LCYOUTH will present a new Erasmus + project for the 4th of February 2015 deadline. We would like to invite you to be partners in the project.

The project will be developed by LCYOUTH and will be in the aspect of a Training Course.
The training course is an educational learning program on specific topics, aiming to improve participants' competences, knowledge, skills and attitudes.

The training course will lead to higher quality practice in youth work in general and/or, specifically, Erasmus + projects.

Themes of the training course

- ✓ **Outdoor Activities**
- ✓ **Healthy lifestyles**
- ✓ **Active participation in society**
- ✓ **Exchange of good practices regarding healthy lifestyle**

Summary of the project

'Breath In Breath Out' is a training course which will be held in Limassol, Cyprus. It is targeted to young people from EU. The Training Course will introduce participants to various skills based on healthy lifestyles and outdoor activities. The main thematic area of the project is focusing on the promotion of a healthy lifestyle through the implementation of outdoor activities.

During the training course young participants will have the opportunity to exchange good practices regarding healthy lifestyle, to share ideas and thoughts and also to take active role in the society

The methods that will be used during the project implementation will be based on non-formal ways of learning such as workshops, role-playing games, outdoor activities, innovative activities, sport activities(hiking, swimming) etc. Overall different activities will be planned in order to exchange ideas, to meet young people around Europe and to promote active participation of young people in society through healthy lifestyles.

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Young participants will act as multipliers and will motivate young people of their country to follow a healthy lifestyle and to be active citizens as well.

Duration and Days

- ✓ Limassol -June 2015
- ✓ 6 days

Profile of participants

- ✓ Young volunteers-Youth trainers
- ✓ Age 18-25

Financial conditions

- ✓ Travel Issues-Travelling is covered 100%
- ✓ Accommodation and food are covered 100% for the entire duration of the course.

Partners

Partner-countries from member states of the European Union (plus Iceland, Liechtenstein, Norway and Turkey).

Partner's and participants role will consist of:

PREPARATION: identification of the participants (2-3 by partner) and support to them in the activities and preparation of the trip (flight, visa, etc.);
IMPLEMENTATION: participants have to actively participate in all the proposed activities of the program;
FOLLOW UP: all the partners and participants will develop some activities of follow up and visibility of the project results (for example, creating new projects together, publishing an article about the program).

To become a partner
Send the Part A PRELIMINARY AGREEMENT (you can find it attached) with all the information to **lcyouthngo@gmail.com (**no later than **21st of January 2015)** and after the selection of partners we will send the mandate letter that you have to sign, stamp and send it by email no later than **27th of January 2015**

Thanks for your attention

LCYouth team!

Deadline to apply 21st of January 2015

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